

Drop-in programs

Pool opens July 6!

PUBLIC SWIMMING

A great way to get into the pool and have some fun! This recreational swim is open to everyone.

SCHEDULE:

Monday	2:00 – 4:00pm & 6:30 – 8:00pm
Tuesday	2:00 - 4:00pm
Wednesday	2:00 - 4:00pm & 6:30 - 8:00pm
Thursday	2:00 - 4:00pm
Friday	2:00 - 4:00pm & 6:30 - 8:00pm
Saturday	2:00 - 4:00pm
Sunday	1:00 - 4:00pm & 6:30 - 8:00pm

ADULT FITNESS

AQUAFIT: A low-impact aerobic class that improves strength and cardio fitness. Don't forget the great music & fun staff!

LANE SWIM: A great full body workout! Need some help with your strokes? The staff love sharing their techniques!

SCHEDULE:

Tuesday	7:00pm -8:00pm
Wednesday	8:00am – 9:00am
Thursday	7:00pm – 8:00pm
Friday	8:00am – 9:00am
Saturday	9:00am – 10:00am

ADMISSION RATE: \$3.00/person

This is a drop in program - Admission available on first come, first served basis - Pre-registration is not required.

COVID-19 Modifications to drop-in programs:

What to Expect during Public Swimming & Other Drop-In Programs:

- Capacity of the facility will be limited to 50 visitors at one time for public swimming.
- All swimmers will be screened upon arrival for COVID-19 symptoms, including temperature checks.
- We encourage swimmers to arrive & leave in their swimsuits. Access to change rooms will be greatly reduced.
- Participants & visitors will be expected to be responsible for maintaining their own physical distancing while at the pool.
- Seating on the deck will not be available. Viewing will be available on our bleachers.
- Equipment such as goggles & water toys will not be available. Please bring your own.
- Admission Guidelines will continue to be enforced.
- Continue to monitor www.zorra.ca for updates to these modifications throughout the season.

ADMISSION GUIDELINES

The following guidelines are to be followed by all swimmers in the pool during public swim. These guidelines outline the SUPERVISORY requirements of guardians and children while using this facility.

Age	Band	Guardian Supervision Requirements	Supervisory Ratios
6 Years & Younger	RED BAND	Guardians (13+) must stay WITHIN ARMS REACH at all times	1 Guardian for every 2 children OR 1 Guardian for every 4 children with lifejackets
7 - 9 Years Old <small>Swimmers will take a swim test to determine their ability and supervision level</small>	YELLOW BAND <i>(unsuccessful swim test)</i>	Guardians (13+) must stay WITHIN ARMS REACH at all times. When the child wears a lifejacket, guardian must only remain at the facility.	1 Guardian for every 2 children OR 1 Guardian for every 4 children with lifejackets
	GREEN BAND <i>(successful swim test)</i>	Guardian (13+) must remain at the facility and continue to supervise their child.	1 Guardian for every 4 children OR 1 Guardian for every 8 children with lifejackets
10 Years & Older	GREEN BAND	No supervision required. Swimmers may be asked to take the swim test at any time as the discretion of the Pool Staff	n/a

Swim Test Includes: Swimming on their front with his/her face in the water using a recognizable stroke for a half-length of the pool and then treading water for 30 seconds. Swimmers must maintain a regular, comfortable breathing pattern and must not stop during the entire test. A guardian must be present for the test.

As per Public Pool Regulation 565 under the Health Protection & Promotion Act.